European Powerlifting Federation  
Sanctioned  
The Spanish Powerlifting Association  
To Invite  
The selected EPF lifters from member nations to participate in the  
Arnold Classic Europe 2013, Open Powerlifting Championship, in Madrid, Spain

Please note: all information is posted only for information purposes. All selected lifters and officials for the Championships and all hotel bookings must be done by EPF-Member nations, NOT by individuals.

Meet director: Luis Tudela  
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Phone: +34 620 715 280, e-mail: PresidenteAEP@gmail.com

Copy EPF Secretary General: Ralph Farquharson  
Address: Calle Galena 5, Casa 44, Villapiedra, Orihuela Costa, 03189, Alicante, Spain  
Phone: +34 966 733 367, Mobile: +34 650 041 559, e-mail: ralph@europowerlifting.org

Accommodation & transport: Isabel Martínez, e-mail: SecretarioAEP@gmail.com

Free tickets: all the lifters, referees, officials and their registered companions will receive free tickets to access at Arnold Classic Europe 2013 for all three days, from October 11th to 13th (except special events at Madrid Arena space)

Host city: Madrid, Spain

Date: 12th October 2013

Pabellón de Cristal (Cristal Pavilion), Avda Principal 17 (inside Casa de Campo fairground), beside to the Madrid Arena

How to arrive by public transport:  
Subway line 10, Lagos stop + 500 m on foot. Google maps: http://goo.gl/maps/AQ7Sk  
Subway line 6 or BUS 31, 33, 36, 39, 65, N18, N19, Alto de Extremadura stop + 900 m on foot.  
Google maps: http://goo.gl/maps/QGs9w

Link to the Madrid Transport Company website tool to plan your route:  
http://www.emtmadrid.es/mapaweb/emt.html

Technical meeting: Friday, 11th October at Florida Norte hotel at 19:30

Hotel: FLORIDA NORTE ****  
Paseo de la Florida 5, Moncloa-Aravaca, 28008 Madrid. Tel.: +34 900 351 017,  
Web: http://www.celuisma.com/info-hotel-celuisma-florida-norte, e-mail: celuisma@celuisma.com  
Rooms (per night): 80 € single, 85 € double, 100 € triple. Prices include breakfast buffet & taxes  
Close to Subway lines 6, 10 and Bus N19 (less than 200 m)
(Additional hotels with similar prices and features may be used if required)

*Note:* all rooms must be booked at the latest with the deadline of the final nomination – 21st Sept. 2013. All athletes, coaches, referees and officials from each federation must stay in the official hotel. If not, they have to pay an administration fee of 100 Euros or they will not be allowed to participate in the championship. The organizer will not be responsible for any hotel bills of the participating nations. All delegates must pay directly their rooms by bank transfer or at the arrival at the Championship office.

**Payable by:**
1. Cash (EUR)
2. Bank transfer to the Spanish Powerlifting Association bank account:

   **Owner of the account:** ASOCIACION ESPAÑOLA DE POWERLIFTING
   **IBAN no:** ES36 0182 0121 15 02015 24800
   **Swift Code:** BBVAESMMXXX
   **Name of the Bank:** Banco Bilbao Vizcaya Argentaria (BBVA)

   Payment must be received at the above mentioned bank account at the latest 7 days prior to the beginning of the Championship.

*Note:* 4th October 2013 is the latest date for any removal of nominated lifters & referees, cancellation of booked hotel rooms. If not cancelled in time, federations have to pay the reserved hotel rooms (if the hotel requires such payment), the participation fee and the doping fee for all lifters and officials specified at the final nomination form.

**Arrivals/Transport:** Transport from Madrid (Barajas) airport to hotel in Madrid
When arriving 1 to 4 people: 45 € one way (for 4 people 11.25 € / per person)
When arriving 5 to 7 people: 65 € one way (for 7 people 9.30 € / per person)
When arriving 8 to 13 people 100 € one way (for 13 people 7.70 € / per person)

Price of transport must be paid at the hotel at the Organization Officer, or by bank transfer to the Spanish Powerlifting Association (see bank account above) at the latest 7 days prior to the beginning of the championship. Any national team will not be accredited until the reserved transportation has been paid. Please send therefore your detailed travel itinerary to transport official so that the transfer can be provided. If you order the transport, you must pay for it even if you later decide not to use it.

**Scales:** Scales available at venue and at the Championship Office in hotel

**Training:** available at training area at championship venue

**Flag:** each team must bring their National flag

**Anthem:** EPF will provide

**Photos:** Identification is necessary for security reasons; each nation must send one photo for each lifter, coach and official. Photos must be sent together with the final nominations in a digital version to the e-mail: SecretarioAEP@gmail.com

**Opening ceremony:** Saturday, 12th October at 13:50 hours at venue. Two representatives (one lifter and one official) from each participating country shall take part at the ceremony.

**Participation fee:** 40 € for each lifter must be paid by bank transfer to the Spanish Powerlifting Association bank account before the Technical meeting.

**Anti-Doping fee:** 50 € for each lifter must be paid by bank transfer to the Spanish Powerlifting Association bank account before the Technical meeting.

**SPA Invoices:** SPA treasurer will send invoices for both Anti-doping and the Participation fees to all entered Federations 7 days before the Technical meeting.

**Nominations:** Team nomination forms must be in the hands of the Meet director and the EPF Secretary General not later than: 12th August 2013
Preliminary: 12th August 2013 complete filled in preliminary form must be sent. No final nomination will be accepted if a complete filled in preliminary nomination form was not sent in time.

Final: 21st September 2013 - later entries sent on next days will not be accepted. Sending of the final nomination is obligatory!!! Final nomination must be sent not later than 21 days before the date of the Championships, and must be made only from lifters nominated in Preliminary nomination of the Championship. This is inclusive of reserve or alternate lifters. According to this, no reserve lifters can be included in the final nomination. The weight category of each lifter in the final selection (final nomination) is mandatory. After the final nomination no changes in the weight category in which the lifter is nominated will be allowed.

Confirmation of the referee’s participation: It is obligatory for every Federation to confirm the participation of their nominated Referees in the Final nomination or cancel the referees who will not participate in the Championship.

Identification: all lifters are expected to present passports and other required documents at the weigh-in.

Health insurance: All delegate members must have a valid health insurance. The Organizer and the EPF will not incur any expenses for a doctor or a stay in hospital. We recommend travel insurance for covering loss of luggage, delayed flights, etc.

Medals: Open division (men & women) to receive medals for placing 1st, 2nd and 3rd in their weight classes. Also trophies to the best lifters by Wilks Formula in the age categories: Open, Junior and Masters.

Preliminary timetable: Victory ceremonies will be held immediately after lifting session. It will be mandatory that each athlete wear their National Team Warm-up/Track Suit for the award presentation.

Saturday, 12th October 2013: 12:00 to 13:30 Weigh-in

14:00 Start of Competition

Important Note: Changes may be made to the schedule of events after the Final nomination depending on the number of lifters finally entered at this Final nomination. Changes of the timetable are possible by the amount of nominations after the Final nomination and at the Technical Meeting.

Spanish Powerlifting Association: Luis Tudela , President and Meet director Sanctioned by European Powerlifting Federation: Ralph Farquharson , EPF Secretary General.

Arnulf Wahlstrøm  EPF President

Luis Tudela  SPA President & Meet Director

Ralph Farquharson  EPF General Secretary